

Beautiful Creations

Bath & Body Treats
Workshop Handbook



Learn How to Make Bath Treats
with
Omayra Rivera



Shea butter exfoliate soap

40 oz Shea butter glycerin base
1 Tbsp almond oil
1 Tbsp neem oil
1 Tbsp Shea butter refine
1 Tbsp cocoa butter
1 Tbsp goat's milk powder
2 Tbsp ground pumice
1 Tbsp apricot seeds

Essential & fragrance oils:

3 Tbsp Moonlight pomegranate FO
15 ml Peppermint EO
15 ml Rose geranium EO

silicone mold

Notes:

Bed Time Soap

35 oz coconut oil

24 oz palm oil

18 olive oil

14 oz soybean oil

2 oz Shea butter

1 oz cocoa butter

13 oz lye

31 oz water

1 tbsp neem oil

1 tbsp almond oil

1 tbsp safflower oil

2 tbsp goat's milk powder

2 tbsp whole milk

2 tbsp kaolin clay

5ml electric bubble gum mica (1/2 batch)

5ml brown oxide (1/2 batch)

1/4 cup channel 5 & bedtime fragrance oil

Only 1/4 cup fragrance total





Flowers for me

20 oz coconut oil
10 oz palm oil
30 oz olive oil
2 oz castor oil
1 oz Shea butter
1 oz cocoa butter
1 oz palm kernel flakes oil

9 oz lye
21 oz water

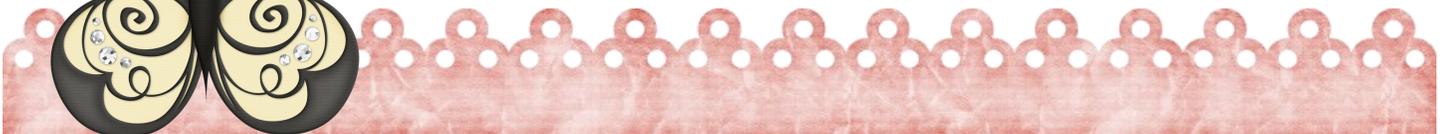
1 teaspoon neen oil
1 teaspoon glycerin
1 teaspoon aloe vera oil
1 teaspoon goat's milk
4 5ml rice flower & shea FO
1 5ml lavender EO
1 5ml neroli 10% EO

Facial Clay Soap

25 oz olive oil
10 oz coconut oil
5 oz palm oil
2 oz palm kernel flakes
1 oz castor oil
1 oz Shea butter
1 oz cocoa butter
6 oz lye
14 oz water

2 teaspoon Kaolin clay
2 teaspoon Rhassoul clay
2 teaspoon ground pumice
2 teaspoon glycerin
2 teaspoon aloe Vera gel

any type of mold





Berries & Lime luxurious sea salt

8 cups Pacific sea salt (you can use any other regular sea salt)
1 cup Epson salt
2 cups Himalayan sea salt
5 oz dentic salt
1 cup bath crystals
2 oz Shea butter
1 Tbsp neem oil
1 Tbsp peach kernel

Essential & fragrance oils: 6 Tbsp
Acai berries satin FO
3 Tbsp Lime EO

8 oz clear containers available.

This recipe fill 12 to 13 8 oz containers



Shea butter Bath Bomb Creamer

4 LB Baking soda

3 LB Citric acid

16 to 20 oz Cornstarch

2 1/2 oz Shea butter (melted)

2 Tbs Aloe Vera concentrate

2 Tbs Avocado oil

2 Tbs Wheat germ

3 Tbs , Lavender buds (botanicals)

1/3 cup regular lavender essential oil 40/40 or fragrance oil
(not 100% lavender)

1/3 cup rose fragrance oil

Molds, Gloves



Whipped cupcake soap

Top:

25 oz foaming whipped soap

4 tablespoon glycerin gel

4 tablespoon meringue powder

Body safe color

28 oz melted Shea butter glycerin

2 tablespoon monkey farts fragrance oil

(Or any other fragrance)

Bottom:

40 oz Shea butter glycerin

1 tablespoon kaolin clay

1/2 oz cocoa butter

1 tablespoon monkey farts or other fragrance oil

Cupcakes liners, tip for frosting, bag, molds, glitter, or
any other embellishment

Resources and suppliers

Here you can find anything you need for your bath and body treats

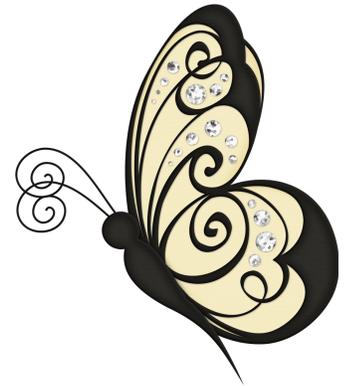
<http://www.naturesgardencandles.com> great fragrances oils
<http://www.brambleberry.com/> (Bath making supplies , Bath bombs molds)
<http://www.yourorganizabag.com> (bags , packaging)
<http://www.bulknaturaloils.com> (bulk shea butter and other oils)
<http://www.midwestbottles.com> (containers)
<http://www.saltworks.us> (Himalayan sea salt)
<http://www.lrawplant.com> (Glitter 100% fragrances oil.)
<http://www.wholesalesuppliesplus.com/> (Everything you will need)
<http://www.soapgoods.com> (bath whipped by Stephenson)

<http://www.onlinelabels.com> (Address labels) (OL1000WJ - Weatherproof Matte Inkjet - 1.5" x 1" Barcode Labels(This is the address label that I use)

<http://www.essentialwholesale.com>
<http://www.koyalwholesale.com>

Packaging, Boxes and Wrapping

<http://www.papermart.com>
<http://www.shipwreckbeads.com>
<http://www.cricut.com/>
<http://www.kitchenkrafts.com>
<http://www.clearbags.com> (seal bags)
<http://www.sunburstbottle.com> (containers)
<http://www.giftsintl.com> (Ribbons)
<http://www.taj-perfumes.com> (containers)
<http://bebecollection.com> Molds, cutters, labels , stamps
<http://www.boxandwrap.com>



Recipes & Ideas

<http://www.naturesgardencandles.com>
http://www.pvsoap.com/recipe_
<http://www.naturalbeautyworkshop.com>
<https://www.fromnaturewithlove.com/recipe>
<http://animoto.com/> Good to make intro and small videos for you tube or website
<http://www.kizoa.com/> collage pictures and more
<http://web.photodex.com/> to make videos

(Lye)

<http://www.chemistrystore.com>
<http://www.aaa-chemicals.com>

My Favorite books

The Complete Soap maker: Tips, Techniques &
Recipes for Luxurious Handmade Soaps

Soap Maker's Workshop: The Art and Craft of
Natural Homemade Soap

Basic Soap Making: All the Skills and Tools You
Need to Get Started

Soap Craft

Essentially Soap: The Elegant Art of Handmade
Soap Making, Scenting, Coloring & Shaping

Making Scented Soap

Soap- making For The First Time

Handcrafted Soap

Tips to start your retail business

- 1- Read lots of books.
- 2- Make lots of soaps and practice .
- 3- Give lots of samples to friends & family.
- 4- Once you have confidence and starting to have good feedback from your samples soaps, start buying ingredients in bulk & start stocking your shelves.
- 5- Start doing craft fairs and showcase special on the holidays.
- 6- DO NOT make a loan or use credit cards. :)
- 7- Spend on materials only what you make from your sales.
- 8- Set up a website, business cards & thank you note.
- 9- Once your business grows the imaginations is endlessness .



Beautiful Creations studio

Make sure you have clean and nice space that you can
You can feel comfortable for you to enjoy what you do.



All you need is a space to work, any color of paint you like, white paint is always elegant and clean.





Soap-making, bath & body treats tutorial video

This unique and creative DVD is sure to provide fun skills that will inspire you to learn and enjoy the art of soap and bath-making.

Includes instruction in basic glycerin soap, sea salt, advanced bath bombs, decorative soaps, clay facial soap, cold process soaps and much more! This DVD is packed with lots of information.

All our products are for external use only. Do not use products that contain ingredients you are allergic to. Beautiful Creations is not responsible for the products you create from this video. You alone are responsible for product and recipe testing to ensure compatibility and safety.